



# Transformational Leadership

*Transformational Leadership is about legacy, about planting trees under which you may never sit and whose shade you may never enjoy.*

~ Gloria J. Burgess, PhD, Best-Selling Author, *Dare to Wear Your Soul on the Outside*®

**Transformational Leadership** is an invitation into an attitude of living, learning, and leading in deep relationship with ourselves and the world around us. It is about living and leading authentically, bringing forth our signature presence, and being of service as an instrument of healing and transformation.

The values that inform transformational leadership influence our choices and behavior—consciously or unconsciously. Ultimately, our goal is to be conscious and intentional about our values, choices, and behaviors, because how we live is how we lead. And today's choices determine our future.

Below is a list of core values, practices, and behaviors for transformational leaders. Use this list to track and affirm your progress on your leadership journey. You can put a **check mark** on those values, practices, and behaviors you already use with confidence, and **circle** those you wish to enhance or develop.

Set aside time each day to review your progress. And set aside time to regularly review your progress with a person you trust. Review the values, practices, and behaviors you already use as well as those that challenge you. Doing so will fuel your growth and development in becoming the leader you want to be.

- Live and act from gratitude
- Act with conscious intention
- Acknowledge and affirm my own gifts, talents, and skills
- Acknowledge and affirm others' gifts, talents, and skills
- Act with self-awareness and awareness of others
- Assume good intent
- Be comfortable building the bridge as I walk across it
- Fall in love with the future, create a worthy vision, and take daily steps to achieve it
- Reflect on my experience to integrate my learning
- Collaborate with others
- Speak openly and truthfully without blame or judgment
- Invite inclusion, and care for the collective good
- Align my values and actions
- Foster life-giving relationships
- Routinely seek feedback about my impact
- Be comfortable with paradox and apparent contradiction
- Hold multiple perspectives, using "both/and" thinking
- Be at ease with ambiguity
- Exercise beneficial detachment and being open to outcome
- Use my influence with right timing and know when to be open to others' influence
- Be heart-centered in my interactions with others
- Invest in my well-being
- Invite others to invest in and care for their well-being
- Change my mind and alter my course, as necessary
- Listen attentively to others
- Begin with the end in mind
- Make life-affirming actions a priority
- Be open to and curious about exploring differences
- Embrace an attitude of service and helping others
- Suspend judgment of others
- Be open to differing views and perspectives
- Engage with full presence—physically, intellectually, emotionally, and spiritually
- Honor, respect, and act justly toward all
- Be open to beneficial surprise
- Encourage conversations that animate myself and others
- Take a stand, refusing to oppress, minimize, or humiliate anyone